

CMC Approved Signals - Ottawa – 2014 - Here are the main signals that are used while group riding. These are used in addition to electronic signals. The Road Captain will initiate the signals and all riders will pass back the signal to ensure all riders are aware of the Road Captain's signal.



Left Turn
Arm extended straight out to the left



Right Turn
Arm extended out up at 90° thumb out



Slow Down and Stop
Arm down at 45° with palm facing backwards



Single File
Arm extended over head with index finger pointed up



Staggered Formation
Arm extended over head - 2 outer fingers extended



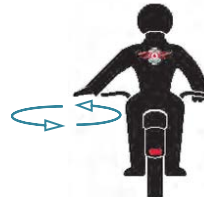
Tighten Formation
Arm extended up over head - open and close hand



Hazard Left
Extend left leg out at 45°



Hazard Right
Extend right leg out at 45°



Slippery Condition
Extend left arm out 45° move hand in a circular motion



Turn your Signal off
Hand down at 45°, open and close fingers to thumb



Emergency Stop
Tap top of helmet with a closed fist



Leaving Group
Tap top of helmet with an open hand (not shown in National signals)

Notes:

1. Many bikes have large saddle bags or you may be carrying a passenger. This means it can be difficult for the riders behind you to see the signal if you do not extend your arm out far enough
2. Only signal if it is safe and if you are comfortable doing so. Your Road Captain will explain during pre ride briefings.